

Brainspotting Phase Two

Presented by: Lisa Larson, LMFT and Kelly Larson, LMFT
Brainspotting Trainers & Consultants

You already know that Brainspotting is a powerful, brain-based trauma therapy that accesses the deepest regions of the brain where clients store their disturbing/traumatic experiences and survival terror. You also know that trauma symptoms are notoriously difficult to eliminate through talk therapy because verbal engagement does not reach the regions in the brain where traumatic and body memories are stored, making lasting change impossible.

If you've loved how Brainspotting has helped your clients after Phase 1, Phase 2 is a great addition to your toolbox. It focuses more on the resourcing aspect of Brainspotting, helping clients who can't handle straight activation as well. You'll learn **5 additional set-ups**, including Outside-Inside Window, Rolling Brainspotting, One-Eyed Brainspotting, Z-Axis, and Advanced Resource Brainspotting.

An excellent way to heal trauma, especially for clients who don't want to talk about it.

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Brainspotting has changed the way I look at therapy. Often there are underlying issues with trauma that no amount of talk therapy can help. Brainspotting has given me an awesome tool to help clients resolve trauma.

-Helene E. Goble, MFT

Having personally experienced several modalities for the treatment of trauma and being certified in EMDR, I can say with confidence that this is the deepest and most lasting work on trauma that I have experienced.

-Judy Moore, LMFT

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When:

June 2-4, 2023 | 9am-530pm Pacific Time

Where:

Online via Zoom

Register: pacifctrainings.com/trainings

Who:

Psychologists, counselors, social workers, students/interns & others in healing professions who have a strong clinical background.

Requirements:

Must have taken Phase 1.

Cost:

Early Bird: \$745

Standard: \$795 / \$400 Student

Late: \$845 / \$450

21 CEs available



Lisa founded Pacific Counseling & Trauma Center (PCTC), appointing Kelly the director. Later, Pacific Brainspotting Trainings was born to help spread awareness about this incredible modality for healing.



PACIFIC BRAINSPOTTING TRAININGS
with Lisa Larson

For questions, contact
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