

Presented by: Monika Baumann, Psychologist

## Dealing with People in Crisis

*with a special focus on children, their caretakers, and our own strain*

Monika will share her personal experiences working with refugees and the professionals and first responders committed to helping those in crisis. Hear moving stories and learn how you can help others in crisis as well.



**Thursday, August 11th - 2 hours**  
**9am Pacific US / 6pm Central European Summer**  
**Online via Zoom / translation services available**  
**Register at [pacifictraumacenter.com/trainings](https://www.pacifictraumacenter.com/trainings)**  
**Questions? Email [training@pacifictraumacenter.com](mailto:training@pacifictraumacenter.com)**



### *About this Webinar:*

- Meeting people during an acute crisis often leaves us speechless - learn how that 'speechless presence' is highly valuable.
- Learn which ways of being present are the most highly supportive.
- Where our clients orient to during acute crisis is already healing for them - learn how we can help them orient when they are unable.
- Children have unique needs during acute crisis - learn what they are and how to provide for them.
- Learn ways of giving stability to children, both individually and in groups.
- First responders easily get burned out - learn how to avoid this and how you can take care of yourself while helping others.
- Acute crisis appears in many ways throughout life, and everyone can be faced with the unexpected. You do not need to be a first responder or use Brainspotting to benefit from this webinar.



**Monika Baumann** is an internationally known Brainspotting Trainer, seminar leader, and speaker. She has over 25 years of clinical experience with multiple specializations, including working with children. She co-developed a Brainspotting with Children training, has been involved in various social projects in Paraguay, and is currently doing humanitarian work to support those affected by the Ukraine-Russia war.



**Donations start at \$50. All who donate will receive the recording whether you can attend live or not. All proceeds, with the help of Brainspotting Spain, will pay for coordinating traumatized individuals with Brainspotters, to give these volunteer clinicians free training and consultation, and to meet urgent needs of those most affected. If you are serving those affected on the ground in Europe, you are entitled to this webinar for free. Please fill out this form: <https://forms.gle/WrRsa5Kk1tDBKqn6A>**