

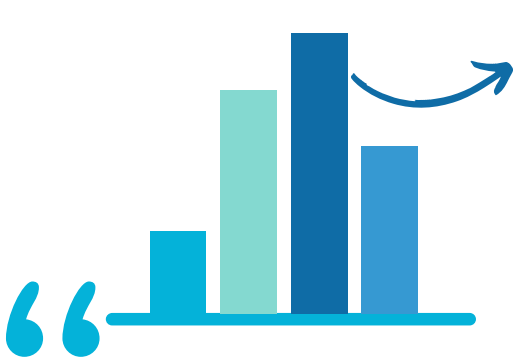
Brainspotting Phase One

FOR TRAUMA

Presented by: Lisa Larson, LMFT, Brainspotting Trainer & Consultant

Brainspotting is a powerful, brain-based trauma therapy that accesses the deepest regions of the brain where clients store their disturbing/traumatic experiences and survival terror. It accesses the limbic system, mid-brain, and brainstem, allowing deep transformation and healing to occur. This powerful tool works by identifying, processing, and releasing the core neurophysiological sources of trauma, therefore alleviating the profound suffering of your client.

The symptoms of unprocessed trauma include emotional and body pain, dissociation, anxiety, insomnia, anger, flashbacks, numbing, and disconnection. These trauma symptoms are notoriously difficult to eliminate through talk therapy because verbal engagement does not reach the regions in the brain where traumatic and body memories are stored, making lasting change impossible. The brain becomes overwhelmed and is unable to process verbal information about these traumatic events.



Brainspotting was voted the most effective trauma treatment by the parents and survivors of the Sandy Hook massacre, a five-year study comparing the effectiveness of over 25 therapeutic modalities in bringing relief to the Sandy Hook survivors.

Brainspotting has changed the way I look at therapy. Often there are underlying issues with trauma that no amount of talk therapy can help. Brainspotting has given me an awesome tool to help clients resolve trauma.

-Helene E. Goble, MFT

That was such a powerful weekend of training, practice, and healing! So excited to use my new Brainspotting skills.

-Amber Keating, LCSW



When:

May 5-7, 2023 | 9am-530pm Pacific Time

Where:

Online via Zoom

Register: [pacifictraumacenter.com/trainings](https://www.pacifictraumacenter.com/trainings)

Who:

Psychologists, counselors, social workers, students/interns & others in healing professions who have a strong clinical background.

Cost:

Early Bird: \$745

Standard: \$795 / \$400 Student

Late: \$845 / \$450

21 CEs available



Meet Lisa

Lisa Larson is the founder of Pacific Counseling & Trauma Center. She has been in the counseling field for over twenty years.



PACIFIC BRAINSPOTTING TRAININGS
with Lisa Larson

For questions, contact
Angela at 713-409-9834 or
training@pacifictraumacenter.com

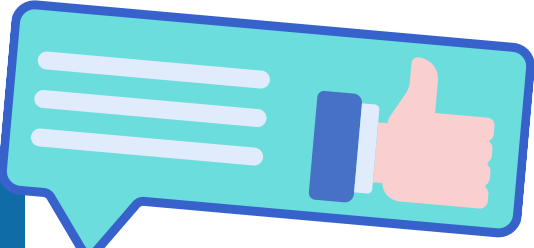
Testimonials

I can't begin to say enough about how comfortable and at ease I felt in being a brand new Brainspotter. I used it yesterday with two clients and it was beyond magical!

-Norine Vander Hooven,
LCSW

The Brainspotting training enhanced and surpassed my previous trauma and EMDR training. Brainspotting truly is revolutionary!

-David Wever, LMFT



That was such an epic training! A huge thank you to Lisa, Kelly, and all of the assistants. I am looking forward to using Brainspotting with my clients this week.

-Jonathon Seaborn, LPCa

An excellent way to heal trauma, especially for clients who don't want to talk about it.

Having personally experienced several modalities for the treatment of trauma and being certified in EMDR, I can say with confidence that this is the deepest and most lasting work on trauma that I have experienced.

-Judy Moore, LMFT

What an amazing transformative experience. I felt seen, supported, and able to learn on all the levels I'd hoped for - body, mind, heart, and soul. Beautiful to be in this space of expansive, compassionate learning backed by research and science. I am so grateful and know my clients will be thrilled by his new modality.

-Alissa Blackman, MFT

I'm a brand new graduate of Phase 1... I am absolutely loving doing BSP! I've seen 13 clients in two days since the training and did Brainspotting with 11 of them, all with positive results. I'm impressed and so glad to be practicing this powerful method!

-Sean Daughtry, LICSW